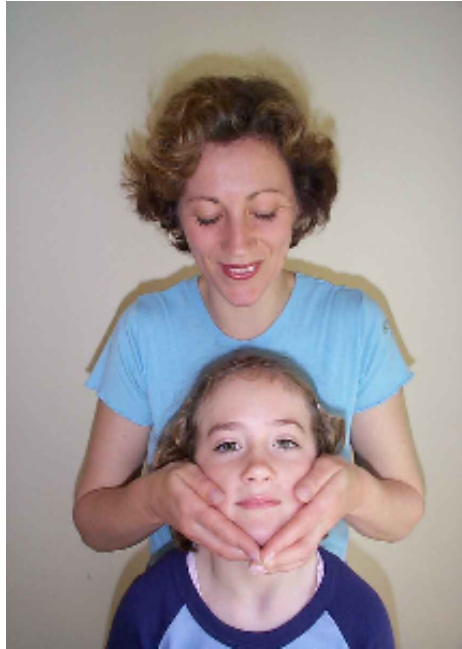


RESET

*Balance
the
Jaw*



*Balance
the
Body*

Did you know?

*Many people suffer from **jaw imbalances**
which can cause...*

sleeplessness

learning problems

pain

tension

headache

***RESET** is a simple
painless system that
can rapidly and
profoundly relieve
symptoms.*

how **RESET** works

RESET uses the body's own natural healing energy...



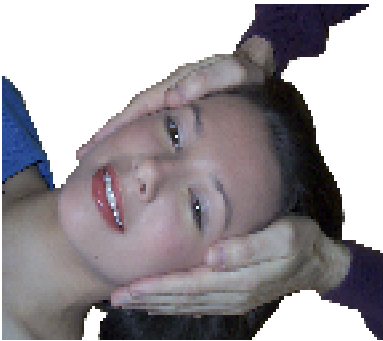
*Energy
relaxes
jaw muscles*

Natural healing energy brings about a deep relaxation in the jaw muscles. RESET allows anyone to simply and rapidly access and direct this healing energy.

...to effect profound improvements throughout the body.

*Tension is
released*

The jaw muscles hold tension and stress. This is known to adversely affect learning, posture, digestion and chronic pain. When jaw muscles are deeply relaxed, the tension and stress is released.



*Affects the
whole body*

Empirical testing shows that relaxing the jaw muscles also relaxes over 90% of the muscles in the body. As the muscles relax, stress and toxins are released, restoring natural harmony to the body.

The details

*The Temporomandibular joint (TMJ) influences the body as a whole, including the body's skeletal, muscular, nervous and meridian systems and the body's ability to utilise water. Hydration influences nerve impulse conduction, biochemical reactions, and the body as a whole, as water is the medium in which our bodies operate.

*The slightest tension in the jaw muscles can alter the normal 'balanced' position of the TMJ. By relaxing the jaw muscles the TMJ is correctly reset. The TMJ plays a central role in cranial and spinal dynamics.

*Traditional medicine practitioners found that energy imbalances in the body's meridian energy flows are responsible for many common ailments and disease. When the balance in these energy flows is restored, the body heals itself!

how can

RESET

help

RESET is a simple, painless and effective technique that can be used to heal yourself and others.

RESET directs the body's own natural healing energy through the muscles, nerves and ligaments in the jaw to achieve a state of balance quickly and easily.

Even though RESET is extremely powerful, it is so simple that it can be used by anyone, anywhere, anytime!

Allergies	Headache
Arthritis	Hearing
Back problems	Hip problems
Bed-wetting	Jaw bite/pain
Bruxism	Learning/Dyslexia
Chronic fatigue	Migraines
Chronic pain	Muscular problems
Clicking jaw	Neck problems
Concentration	Relaxation
Dental work	Rheumatism
Detoxification	Shoulder problems
Digestion	Sinus
Earache	Sleeplessness
Ear Pressure	Snoring
Feet/Ankles	Tinnitus
Grinding Teeth	Tummy aches

Philip Rafferty – the founder of RESET

Philip Rafferty has experienced consistent success using Kinergetics and other systems of kinesiology to treat thousands of people. Whilst these techniques are powerful, some of them required intensive training in order to use them effectively and proficiently. Through empirical testing, using kinesiology as feedback, Philip was able to simplify and refine some of the core procedures down to a set of simple exercises that could be used by anyone. Holding true to Philip's vision, RESET remains the easiest way to help family and friends using natural healing energy. RESET is safe, effective and above all incredibly easy to learn.... the results speak for themselves!

Testimonials available at www.reset-tmj.com

Find out more



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Next RESET Class

Please see future class listings
www.rosespringscenter.com

RoseSprings Center
for the Healing Arts
Hillsboro, OR

To register phone: 503-693-9101

or register on line

Class Fee: \$75