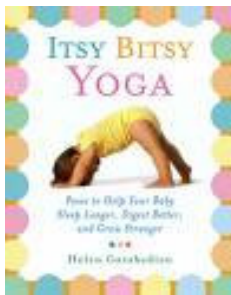


Itsy Bitsy Yoga



with Karli Coe, Certified Itsy Bitsy Yoga Facilitator

Help your baby or tot



- ♥ **sleep better**
- ♥ **digest easier**
- ♥ **be happier**
- ♥ **stay healthier**

Classes are designed for child and parent/caregiver
Cost based on number of classes per term

Itsy Bitsy Yoga for Babies
😊 1 to 6 months

Itsy Bitsy Yoga for Tots
😊 6 to 24 months

Call today to register
Baby Yoga or Tots Yoga
503-780-0734

RoseSprings Center for the Healing Arts
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www.rosespringscenter.com