

# Headache & TMJ Massage



**Saturday, March 20, 2010**  
**9 a.m. to 5:30 p.m. (7.5 CE) \$150**

Learn the anatomy, physiology and kinesiology of the head and neck; pathology of headaches, including migraines, temporal-mandibular joint (TMJ) syndrome, and other common head, neck and jaw dysfunctions, as well as contraindications and precautions.

This hands-on class includes effective treatment applications, modalities and manual therapies to relieve painful to debilitating symptoms of headaches, migrains and TMJ syndrome; from aromatheray, cryotherapy, infrared therapy, gentle energy to deep tissue techniques; Chinese acupressure and TuiNa, to patient self-care acupressure points, stretches, exercises and helpful self-care products.

Pre-registration required. Visit [www.TheRightTouch.com](http://www.TheRightTouch.com) TOP Classes for more details.

Taught by:



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